

HMO Service Areas¹

Use the following table to find the HMOs that operate in your area.
Certain plans may not be available for all counties in each area.

HMO	Albany Area	Buffalo Area	Hudson Valley Area	Long Island Area	New York City Area	Rochester Area	Syracuse Area	Utica/Watertown Area	Westchester Area
	Includes Albany, Clinton, Essex, Fulton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington Counties.	Includes Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming Counties.	Includes Columbia, Delaware, Greene, Orange, Putnam, Sullivan and Ulster Counties.	Includes Nassau and Suffolk Counties.	Includes Bronx, Kings, New York, Queens and Richmond Counties.	Includes Livingston, Monroe, Ontario, Seneca, Wayne and Yates Counties.	Includes Broome, Cayuga, Chemung, Cortland, Onondaga, Schuyler, Steuben, Tioga and Tompkins Counties.	Includes Chenango, Franklin, Hamilton, Herkimer, Jefferson, Lewis, Madison, Oneida, Oswego, Otsego and St. Lawrence Counties.	Includes Westchester and Rockland Counties.
Aetna Health Inc.			•	•	•		•	•	•
Atlantis Health Plan, Inc.					•				
CDPHP	•		•				•	•	
Community Blue (HealthNow)	•	•	•			•	•	•	
Empire HealthChoice HMO, Inc.	•		•	•	•				•
Excellus Health Plan, Inc. (HMO)	•	•	•			•	•	•	
GHI HMO Select, Inc.	•		•	•	•		•	•	•
Health Net of NY, Inc.			•	•	•				•
HIP HMO			•	•	•				•
Independent Health Association (IHA)		•							
MVP Health Plan, Inc.	•		•				•	•	•
Oxford Health Plans of NY, Inc.			•	•	•				•
Rochester Area HMO, Inc. (Preferred Care)		•				•			

¹Service areas are current as of June 1, 2009.